

# Epidural Stimulation Surgery / T7-T8, Romania

### Patient Case Report #ES180040



## **Patient's Condition on Admission**

Patient sustained a complete T7-T8 spinal cord injury characterized by complete loss of motor and sensory functions below the injury level. Patient endures mild spasticity and spasms, but does not suffer neuropathic pain and has normal sweating ability. Patient is paraplegic with normal upper limb functions and is independent in his daily activities.

## **Patient Overview**

Age: 22 Sex: Male Nationality: Romanian Diagnosis on Admission: Spinal Cord Injury, T7-T8 Treatment Received: Epidural Stimulation Surgery, Medtronic Restore Advance 16-electrode MRI Compatible Device. Date of Admission: 29/07/2018 Date of Discharge: 28/08/2018

## **Treatment Received**

After a Spinal MRI scan and comprehensive blood work, patient underwent Laminectomy and implantation of the Epidural stimulation device on July 30, 2018. The surgery was completed without issue and no serious complications were reported during the postoperative hospital stay. Surgical wounds healed normally and no spinal cord or superficial wound infection was reported.

Device Mapping and therapy were carried out after surgery for 35 days, then patient was discharged.

Post-Surgical Care	Total Sessions	Sessions Per Week	Time (Hr) Per Session
Mapping	84	17	1
Physical Therapy	25	5	1
Occupational Therapy	-	-	-





## Symptoms Improvement Post-Surgery

Abilities & Symptoms	Motor & Sensory Function (below injury level, before ES surgery)	Improvement Observed (35 days after admission)		
Motor Function				
Standing with support	Not Possible	Yes		
Stepping with support	Not possible	Yes		
Gross motor Skills	Not Present	Yes		
Fine Motor skills	Not Applicable	Not Applicable		
Balance	Poor	Yes		
Coordination	Poor	Yes		
Muscle Mass	Low	Yes		
Stamina	Low	Yes		
Fatigue	Present	Yes		
Spasms	Present	Yes		
Spasticity	Present	Yes		
Sensory Function				
Neuropathic pain	Not Applicable	Not Applicable		
Bladder Function	No	No		
Bowel Function	No	Νο		
Sweating Ability	Not Applicable	Not Applicable		

Improvements are monitored in 15 targeted areas: 11 Motor areas and 4 Sensory areas. However, the number of targeted areas may vary depending on patient's condition prior to admission. If patient does not experience symptoms in certain Motor/Sensory functions, or is not impaired in a specific targeted area prior to surgery, it is excluded from the report (Not Applicable). If there is progress in any given area -- either mild, moderate, or significant -- it is measured and reported as positive ("Yes"). No improvement, the existence of pain or spasms, or an inability to perform a measured function is reported as "No".

## **Results Interpretation**

For this patient, 12 areas instead of 15 were reviewed. Fine Motor Skills were normal prior to his Epidural Stimulation surgery, so it was not measured by UAM. Patient also does not suffer from neuropathic pain and has normal sweating ability, therefore these areas have also been excluded from the report. Motor Function improved in 10 out of 10 targeted areas, but the patient has not experienced any changes in Sensory Function.







## **Treatment Summary**

After Epidural Stimulation Surgery, patient received 84 Mapping sessions and 25 Physical Therapy sessions. Surgery and therapy went well without adverse effects and no short-term or acute complications have been reported.

Patient's Gross Motor Skills have improved significantly, including in his ankles, knee extension (kicking and pushing out), and hip and knee flexion. Patient is able to sit up straight with normal static balance, and his dynamic sitting balance has improved.

When standing and stepping with support, patient did not require a hoist and was able to use a walking frame and parallel bars. When patient is standing he requires assistance in locking his hips and knees. Patient has good trunk control while standing and is able to bear weight equally on both legs. Patient is able to stand at the parallel bars with some assistance.

When stepping, patient uses a walking frame and is able to lift both feet, but the left side is better than the right. Patient has very good coordination between left and right feet when taking steps. When taking short steps, patient does not require assistance in foot placement, but does when taking longer steps.

Patient's muscle mass has increased and endurance has improved significantly. Extensor spasms have decreased, but patient still experiences flexor spasms with the same frequency is before surgery.

There was no noticeable change in bladder and bowel function. After 35 days, patient was discharged and will continue his physiotherapy back home.



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